



Desert West

OBSTETRICS & GYNECOLOGY, LTD

Winter | 2022/23

N E W S L E T T E R

Growing to Meet Your Needs!

As our communities grow, Desert West continues to meet the health care needs of women of all ages by adding new providers. Dr. Brown, Dr. Fanning, Dr. Groff and Jenifer have excellent experience, care deeply about the patient experience and are accepting new patients.

Mary Morgan Brown, MD
Thunderbird and Estrella



Emily Fanning, MD
Arrowhead and Sonoran



Katie Groff, DO
Thunderbird and Estrella



Jenifer Underwood, MSN, FNP-C
Thunderbird and Estrella



Keeping Up with Vaginal Infections

Burning, itching, and an unpleasant odor are some of the common symptoms of vaginal infections. Treatments vary by condition, so it's important to know which type of infection you have.

A normal, healthy vagina contains bacteria and sometimes yeast without necessarily having an infection. But things such as hormone level changes, taking antibiotics, chronic high blood sugar, pregnancy and douching can change the environment in the vagina, enabling bacterial or yeast overgrowth causing symptoms.

The three most common types of vaginal infections:

1. Yeast infections can cause vaginal itching, redness of the vulva and may include a thick, white discharge.
2. Bacterial vaginosis symptoms can include a thick or whitish discharge or one that is slippery and clear. It is not likely to itch or burn.
3. Trichomoniasis, a sexually transmitted infection, has symptoms similar to other vaginal infections: burning, irritation, redness, and swelling of the vulva, with a yellow-gray or greenish vaginal discharge.

Farewell to Dr. DeSalvo

After a career of more than 30 years, John DeSalvo, MD, FACOG has announced his retirement as of December 31, 2022. He joined Desert West OB/GYN in 1999 and has been an integral member of our family. Staff, physicians, and patients alike will miss his presence!



Thunderbird * Arrowhead * Anthem * Estrella * Sonoran

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