



Desert West

OBSTETRICS & GYNECOLOGY, LTD

Summer | 2022

N E W S L E T T E R

Growing to Meet Your Needs!



Welcome Dr. Medina

Samantha Medina, DO has joined Desert West at the Arrowhead and Sonoran offices.

After completing her Doctor of Osteopathic Medicine degree at Midwestern University and OB/GYN residency at Banner University Medical Center in Phoenix, she then worked in private practice in Surprise and Glendale.

“It is an honor to help guide women through the most important and vulnerable times in their lives including adolescence, pregnancy and menopause,” said Dr. Medina.

Her professional passions are adolescent health, minimally invasive surgery, breastfeeding support and geriatric medicine. Away from the office, Dr. Medina follows the Arizona Cardinals and enjoys fantasy football, travel, running, movies and spending time with her husband, daughter and son.

Quick Facts

- The cesarean section is the most common surgery, with over a million cesarean deliveries performed in the U.S. every year.
- Estimates suggest that one in nine women will undergo a hysterectomy, most commonly to treat fibroid tumors, endometriosis, and uterine prolapse.
- Urinary tract infections occur more often in women than in men, at an 8:1 ratio. While your provider can treat your UTI, help prevent them by drinking plenty of water, avoiding tight fitting clothing and wiping from front to back.
- Nationally, 82 percent of doctors matching into OB-GYN residency programs are women.

Farewell to Dr. Jaacks

It is with mixed emotions that we announce the departure of Dr. Lisa Jaacks from Desert West this summer. Since her arrival in 2006, she's been an incredibly important part of our family – and yours. Our loss is Florida's gain as she has accepted a faculty position teaching fellows in urogynecology and minimally invasive surgery.

Dr. Jaacks will be with us thru July and will continue to see patients as normal. As her departure date approaches, please reach out to a member of our team to review your options for continuation of care with another Desert West provider.

Thunderbird * Arrowhead * Anthem * Estrella * Sonoran

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