



Meet Brittney Blick, RN, Clinical Manager



“I like to think the quality that makes me best at my job is my ability to see all sides of a

she has held almost every role from front-office reception, to billing, to back-office and surgery scheduling. She now uses that experience to recruit, manage and train clinical staff, oversee policies, address patient concerns and identify process improvements.

Brittney started her career as a medical assistant where she fell in love with obstetrics and gynecology. She then continued working full time while obtaining her nursing degree taking night and weekend classes. This past fall when she and her family relocated to Phoenix, she wanted to find something in

her comfort zone which was to join Desert West.

“One of the things that attracted me to this position is that while we are a large multi-location practice, we have a small business feel and are committed to giving patients our undivided attention,” she said.

Brittney and her husband have two young children and an aging beagle. While they are (surprisingly) missing the snow and cold of Pittsburgh, they are loving their new home and appreciate living closer to extended family.

situation,” said Brittney Blick, RN, Desert West’s new clinical manager. That quality is only enhanced by the fact that throughout her career

Menstrual Pain Acceptance A Barrier to Fibroid Treatment

Women often suffer from endometriosis and uterine fibroids for long periods of time before seeking medical attention enduring severe symptoms and impacting quality of life. The two barriers that keep women from early diagnosis and care: 1) the stigma surrounding menstrual issues and 2) societal normalization of women’s pain.

Symptoms may include:

- Excessive menstrual cramps
- Pain in the abdomen or lower back
- Pain during intercourse
- Abnormal or heavy menstrual flow
- Infertility
- Painful urination during menstrual periods
- Painful bowel movements during menstrual periods

Your Desert West OB/GYN providers encourage you to discuss these symptoms as soon as they occur. Early recognition optimizes outcomes and reduces risks of adverse events.

Cannabis and Pregnancy

As legalized marijuana has increased utilization in most segments of society, it’s important to know that both prenatal and postpartum use have the potential to cause adverse fetal and childhood outcomes. We encourage all fertility and prenatal patients to tell your provider about cannabis use, as well as intake of alcohol, smoking, medications and supplements, during visits.