



DESERT WEST OBSTETRICS & GYNECOLOGY, LTD.

Fall | 2019

NEWSLETTER

Sonoran Crossing Location Now Open

Desert West opened their fifth location on October 3rd. Located on the HonorHealth Sonoran Crossing campus, Desert West OB/GYN – Sonoran is at 33423 N. 32nd Avenue #2200, Phoenix, Arizona 85085.

Lisa Jaacks, M.D. and Laura Matlock, D.O. are scheduling patients at the office each Thursday. The scheduling calendar will grow with demand in the months ahead.

“The Sonoran Crossing campus is primed for incredible growth,” said Cindy Bowen, Desert West administrator. “We are delighted to partner with HonorHealth to care for women’s health, both in-office and in the hospital.”

Conveniently located near I-17 between Carefree



Hwy and West Dove Valley Road, the office provides women of all ages the most up-to-date assessments and treatments, along with preventive, maternity and well-woman care. Patients can schedule by calling 602.978.1500

Staff Spotlight – Laura Matlock, D.O.



A graduate of the Midwestern University College of Osteopathic Medicine, Dr. Matlock returned to the Valley after completing her OB/GYN residency at the University of South Alabama Children’s and Women’s Hospital in Mobile. She joined Desert West as a hospital-based physician and then started caring for patients at both the Anthem and Sonoran locations.

Her professional passions are women’s preventive care, adolescent health, minimally invasive surgery, and high-risk obstetrics.

“My philosophy is to approach the unique needs of every woman,” she said, “with the goal of building lifelong relationships to promote overall health and wellness throughout each stage of life.”

Treatments Address Urinary Incontinence

The involuntary loss of urine, urinary incontinence, affects twice as many women as men thanks to the impact of pregnancy, childbirth and menopause, on the bladder, urethra, and other muscles that support these organs.

It can range from slightly bothersome (loss of a few drops of urine while running or coughing) to debilitating (loss of a large amount of urine with little or no warning thereby keeping women from leaving home). Pelvic organ prolapse – when the bladder drops from its normal spot – is often linked to strain during childbirth or following hysterectomy.

Your Desert West Obstetrics & Gynecology provider has a number of options to treat urinary incontinence. These can range from lifestyle changes and medications to an in-home therapy device or bladder leakage/sling procedure.

Glendale * Arrowhead * Anthem * Estrella * Sonoran

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