



Placenta Donation ... A Gift of Healing

Have any plans for your placenta after your delivery? If not, you may be interested in learning about an important donation option that can help others heal.

The placenta, which provides nutrients to your baby via the umbilical cord, contains healing cells that assist in reducing pain and speeding recovery. This tissue can be used by patients with a variety of conditions such as deep wounds and assist in ophthalmic and other medical procedures.

The Birth Tissue Donation Program through Donor Network of Arizona has a safe, simple collection process and requires no extra procedure and at no cost

to the donor. All mothers delivering their children through a planned cesarean section are eligible. Once donated, the placenta is prepared for patient treatment under strict guidelines in accordance with medical and ethical standards.

Interested donors will be contacted to consent and answer a few questions regarding their medical history.

Learn more about the Birth Tissue Donation Program at <https://www.dnaz.org/about-us/our-services/birth-tissue-donation/birth-tissue-facts/>.

DWOG Nurse Practitioners Offer Timely Exams and GYN Visits

Whether it is time for your annual gynecological checkup or you have a GYN concern, our nurse practitioners stand ready to serve! Desert West has four NPs, each with more than 20 years of nursing experience.

Andrea Corrick, RN, WHNP-C

Hope Findlay, RN, MSN, FNP-BC

Cynthia Holsen, RN, WHNP, MSN

Becky Ortiz, WHNP, BC

Our amazing nurse practitioners perform gynecological physical exams in addition to diagnosing and treating illnesses. Schedule by calling 602.978.1500.

Countering Heavy Menstrual Bleeding with Minerva

One out of every five women suffer from heavy menstrual bleeding. Desert West now offers a quick, one-time procedure to permanently stop heavy bleeding, making your period far more manageable. Minerva is a quick and simple procedure that eliminates the endometrial lining of the uterus which causes the bleeding. No hormones or implants (IUDs) are involved.

Following the procedure, 92% of patients report a shift from heavy bleeding to a normal or less amount; 72% stopped bleeding altogether.

If you are one of the many suffering from heavy menstrual bleeding, schedule with your Desert West provider to learn more about Minerva endometrial ablation and find details at <http://minervasurgical.com/patient-site/what-is-heavy-bleeding/>.

